



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 6 NO. 8

AUGUST 2022

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

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Your guest must have the NAME and ADDRESS of the resident they are visiting.

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- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: 954-973-6700

Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
 - Fitness Center:..... 7:00 AM - 8:00 PM
 - Country Club: 8:00 AM - 11:00 PM
 - Racquet Center: 8:00 AM - 12:00 NOON
 - Theatre Complex:..... (Movies Only) 7:00 PM
-(unless there is a specific approved event)

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Condolences

Jack David Mendelson

Thank You

I would like to thank everyone who sent condolences, food and donations in memory of my husband Jack Mendelson. We are so grateful to know so many friends, neighbors and employees in Wynmoor who openly expressed their kindness and showed how much they cared.

My appreciation is beyond words.
He will be remembered by all who knew him.
Miriam Mendelson



The loss of Jack Mendelson is a great loss to us. He was a wonderful friend. He spent a lot of time doing research and going to meetings. On a personal note, he enjoyed playing golf, Men in Black, time spent at Bio, Barbecue and the Birthday Club. He will be missed.

Julie and Bobbi



We the residents would like to pay tribute to Jack Mendelson for his many contributions to making Wynmoor the best place to live.

May he rest in peace!
Roz Greenberg



I worked with Jack on *The Insider* for many years and grew to admire and respect him. We differed politically, however, he would listen and form his detailed, informed and well defined case. He was a mensch.

Naomi Lubarsky

"What we have once enjoyed we can never lose; all that we deeply love becomes a part of us."

- Helen Keller, Educator and Activist

"Whoever you hold in the heart of you, is forever and always a part of you."

- Rossiter Raymond, Geologist

REST IN PEACE JACK DAVID MENDELSON

"Words are like nets - we hope they'll cover what we mean, but we know they can't possibly hold that much joy, or grief, or wonder." -Jodi Picoult

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Dreams - Silly - Fiction - Very Few Come True

By Mobolaji Adedoyin

A dictionary defines a dream as a cherished aspiration, ambition, hope, goal, plan or ideal. There are books on how to interpret or analyze dreams and some people charge a fee to interpret dreams - I have no comments concerning those people and their customers. My article is based on personal experiences and discussions with friends, family and acquaintances. Some dreams are fictions and would never come true. Several years ago, I dreamt many times I was financially very rich and lived in a big mansion with housemaids and two landscapers working outside my house. I had that dream several times, but I never once thought it would come true. I knew I had to continue to work hard like most "baby boomers" and made money the old fashion way - earned it. There are dreams that rational people know will never come true - dreams that are ridiculous like mine. Some dreams are very stupid or weird, you cannot even tell anyone about it.

About seven years ago, a former colleague dreamt he had sex with another gorgeous colleague who is a lesbian. He said he felt embarrassed to tell me about it - I was the only friend he could tell such a dream. I told him to get that dream out of his mind and pray never to dream it again. Very few rational dreams may come true - I refer to those types of dreams as "maybe dreams". A maybe dream is a dream someone could at least try to achieve, but there is still no guarantee - a dream could end or be disrupted by circumstances beyond someone's control. A dream about going to college or becoming the best electrician sound attainable if a person puts his or her mind to it and develop plans to achieve that goal. A plan to get accepted into a college starts from high school - someone must study hard and be a good student. Unfortunately, not everyone that started college graduated with a degree. To become one of the best electricians one must attend the best trade school or

learn from a very experienced electrician. I know someone that did both in New York - he is currently financially rich.

There are people that know their purpose in life - they know from an early age what they want to be or do. When I was in college, many students, including yours truly, did not decide our majors until the end of sophomore year. I knew some students whose dreams of college degrees were shattered because they had to drop out of college for one reason or the other. Most people I spoke to admitted they never dreamt of the career they ended up with. I envy very few people - those that do not have to dream about their purpose in life. Their careers were predetermined by God, Allah, Jehovah or whatever they call their Supreme Being. Those people are usually born with exceptional talents no one can dispute.

Here are few pieces of advice for the younger generations:

- There is nothing wrong to dream, but make sure your dream is realistic and not beyond your means. If your annual income is one hundred thousand dollars, don't buy a car that costs fifty thousand dollars because you dreamt about it.
- My grandfather taught me very early in life to always have a dream, which he called a "Plan". He also cautioned me that I must adjust or change my initial plan as circumstances dictated - which was what I did for several years when I was hustling in New York City.
- If you want to be one of the best doctors, lawyers, electricians, or tailors you must work as hard as possible to make that come true. If you do your best, you will have no regrets even if you don't achieve your dream.
- In the process of trying to accomplish a dream, don't be paralyzed by setbacks, disappointments, or negative comments by friends or family members.

May your realistic dreams come true.



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Sunday Dinner on the Farm

Based on my memories of Lil Miller

Copywritten By Yana Vardanyan

One of the greatest excitements of my young life was when we were out from school for summer vacation. My aunt and uncle had a large farm in Pennsylvania. I used to be one of the helpers on a farm for the summer. They were fields of corn to be picked for the harvest, and I was chosen to help but very soon, I realized that the corn peel was so sweet and tender to the taste. As I stripped the skin of corn to taste, the sweet kernels of the corn; met my eye to eye with a giant fat white boll weevil. As I screamed, throwing it on the ground, wow, that was close, and moved on to another chore. Annoying flies and bugs were part of the field due to grazing animals on the farm. The overwhelming smell of the animals filled the whole area, unusual for a city girl (like myself) yet a very common smell for the farmer. That combination of flying insects and the natural farm smell was something different (at least to say) for the city girl.

The most curious sight was the chickens hanging from the lines having their throats cut, to soon have their feathers stripped to be cooked for the huge family gathering. The searing of the feathers was another big stink to add to the farm's natural environment. I wondered how that mess from the line smelled and looked so good on the table. It tasted delightful, and my share was the leg, of course! The fantastic miracle was these chickens on the table. Gold and brown, they were so good! What can I say? Every time I smell the

cooked chicken, it takes me back to the golden days of my childhood on the farm. That memory is imprinted in my mind and heart forever. I can still see my uncle and aunt with heartwarming smiles as they welcomed their little helper, me, to their big farmhouse!

Fourth of July

By Lil Miller

We had a parade for hours in Elmira, NY, in my hometown, which was a big one. Starting at 8:00 a.m. and running for 2 hours, pillows and small chairs were carried to the small curbs to sit on. We were waiting for the bands and music to start. The police department and the fire department started first with the music. School bands in between as we all saluted the flags. We kids loved to follow the clowns. It was like being at the circus. Time was frozen when America came together with love and music. This tradition of fireworks and picnics is still carried on to this day to the joy of our nation.

The 4th of July part of our history is one of the most beloved holidays. However, this holiday has undergone quite some changes. Reflecting on my childhood, I can recall all American services, boy scouts and girl scouts, participating with honor in this big day for our nation—the joy of the children anticipating this special day all year round. How could it be otherwise? The whole country was celebrating the birth of America! The day the Declaration of Independence was approved by the Continental Congress in 1776.

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Service Equals Reward

By Sheriff Gregory Tony

Building Tomorrow's Leaders Today

The men and women of the Broward Sheriff's Office work hard to assure public safety. An essential part of that mission is ensuring those who serve across this organization aren't only nameless faces to the community but also role models, mentors and coaches for Broward County youth.

Allow me to share my vision about the importance of establishing a legacy of service that will carry us through the next hundred years. What we do today affects our tomorrow. My administration reflects these sentiments and together, we have initiated effective mentorship programs focused on enriching the lives of our youth and providing them with the skills, encouragement and knowledge to be successful.

The benefits of these programs are twofold: they help build our youth into strong, responsible adults while strengthening relationships with our public safety professionals. Further, our innovative programs are already achieving positive results.

R.E.A.D.

It's never too early to connect with our youngest populations and make a difference. BSO launched the R.E.A.D. program (Reading Expands Academic Discovery) earlier this year at Oriole Elementary School in Lauderdale Lakes after learning many of the students struggled with reading and had limited access to books. In response, BSO personnel read to the children at the school and donated books for them to take home. The program's primary focus is to encourage critical reading habits at an early age, allowing them to establish a solid educational foundation and develop reading skills faster and more efficiently. Our secondary focus is to engage with our local youth by building trust and creating lasting bonds.

"When we started the program, the students were apprehensive," Captain Audrey Jones remembers. "Now, they greet us with hugs and are excited we're there. It's about gaining trust, changing perceptions and letting them know we're there to help."

L.E.A.D.

BSO's Youth L.E.A.D. Camp (Learning, Educating and Developing) is an eight-week summer camp designed to help develop Broward County



adolescents ages 10-18 into responsible, civically engaged adults. In partnership with community-based organizations, the program focuses on reinforcing seven important pillars to enhance values, build skills and develop the confidence needed to succeed in life. The program is interactive and educational, and the feedback has been incredibly positive.

"My daughter had a wonderful experience. This camp was so fun and informative!" shared one participant's parent. Another parent added, "My son thoroughly enjoyed this program and enjoyed seeing this positive side of law enforcement."

The 2022 L.E.A.D. Camp just wrapped up its second season. To learn more about the program and important dates for next year, visit www.sheriff.org/lead.

S.E.E.D.

To plant a seed today is to believe in tomorrow - that is at the heart of BSO's Deerfield Beach S.E.E.D. (Skills Enhancement and Employment Development) initiative. Launched in February 2021, the program teaches young adults from Deerfield Beach High School essential skills, including interview techniques, resume creation and job professionalism. BSO developed S.E.E.D. by engaging with teens in the community who expressed a gap in knowledge on how to obtain employment. This prompted BSO to step in, address the concerns and work to find a solution to develop a lasting resource.

"We try to be innovative and think outside the box," says program co-creator Deputy Joseph LoMonaco. "We are thrilled at the success of this program."

In addition to these great mentorship programs, BSO offers other exciting youth opportunities throughout the year. These programs include participation in the Law Enforcement Explorers, Fire Rescue Cadets and the Police Athletic League. More information about these and other great programs is available at www.sheriff.org.

The employees of BSO have the unique responsibility to encourage and enrich the lives of our youth—and I'm proud of the work we are doing for the next generation of leaders.

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Market Decline Offers Buying Opportunities

The financial markets have gotten off to a rocky start this year. What's caused this volatility? And does it present opportunities for patient investors?

First of all, several factors are behind the market volatility, including the war in Ukraine, higher inflation, rising interest rates and the lingering effects of the COVID-19 pandemic. However, while these factors may be specific to the recent market decline, volatility itself is a common feature of the investment environment. In fact, history shows that corrections of 10% or more happen about every year, and declines of 15% or more have happened every other year, on average. Furthermore, while 2022 has thus far been challenging for investors, it was preceded by a long period of strong markets, with the S&P 500 averaging more than a 20% return over the past three years.

Knowing the typical frequency of market volatility and reviewing the results of the past few years may make the current situation seem less shocking. But you don't have to simply "ride out" the downturn – because a down market may give you the opportunity to buy more investment shares at good prices. Specifically, you can expand your holdings in companies that have good growth prospects due to strong management and products or services that provide sustainable competitive advantages. And this type of opportunity is important, because one of the keys to building wealth is to increase the number of shares you own in your various investments and hold them for the long term. While the market will always fluctuate, the long-term trend has been positive, particularly for well-diversified portfolios built with quality investments.

Of course, while it is a good idea to boost your share ownership at favorable prices, you still want to be strategic about it, rather than just buying whatever seems to be the biggest bargain. In reviewing your existing portfolio, can you identify any gaps that could be filled with new investments? Are there

opportunities to further diversify your holdings? By owning different types of stocks, bonds, government securities and other investments, you can help reduce the impact of volatility on your portfolio. (Keep in mind, though, that diversification can't guarantee profits or prevent losses in declining markets.) Or, if your portfolio has become "unbalanced" in some way, you could also use this time to rebalance it back to its original long-term targets. You might also consider setting up a systematic investing program in which you invest the same amounts in the same investments on a regular basis, such as monthly. When prices go down, you'll automatically buy more shares, and when prices rise, you'll buy fewer shares. (However, systematic investing does not guarantee a profit or protect against loss, and you'll need to be willing to keep investing when share prices are declining.)

Before this year, average annual returns have been solid for about a decade, which makes it somewhat easy to forget about normal market volatility and may have led to overly optimistic performance expectations. So, it would not be surprising if your initial reaction to the current downturn is one of concern. But by viewing the current investment environment as a chance to add quality investments at attractive prices, you can help yourself develop a behavior that can serve you well throughout your life as an investor.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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See Our Ad on page 18

Past performance of the markets is not a guarantee of how they will perform in the future. Investors should understand the risks involved in owning investments, including interest rate risk, credit risk and market risk. The value of investments fluctuates, and investors can lose some or all of their principal.

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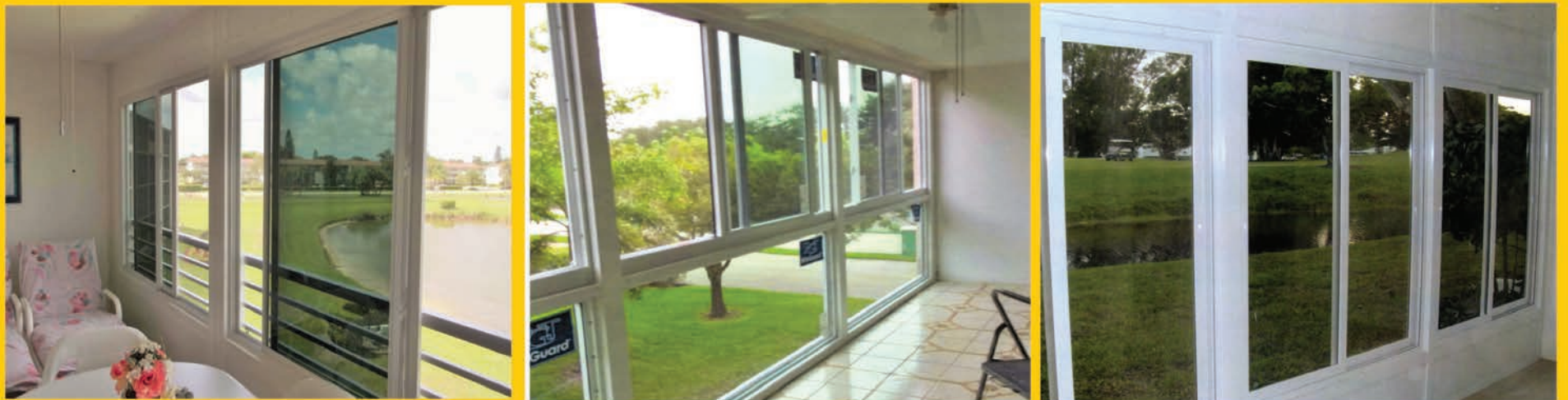
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MKT-5894K-A-A1

Ethical Will: What Legacy Will You Leave?

By Martin Zevin, Attorney

“David, remember this: you are a unique being. Find what is special about you, what you really love, and make it the top priority in your life. Follow your heart, not your mind. Remember the magic message from *The Little Prince*: “It is only with the heart that one can see rightly; what is essential is invisible to the eye.”

I wrote that in 1988 to my ten-year-old son as part of my first Ethical Will. I had been a lawyer for fifteen years and had prepared many Wills for clients. But it wasn't until I read an article by my Rabbi in the Temple newsletter that I discovered the concept of preparing a legacy not of our material estate but of our spiritual one.

You don't need a lawyer for an Ethical Will. But the best advice I can give to a client (if he or she is open to it) is this: examine your own life. What are your values? What have you lived for? Has your life made a difference? What are your hopes for your loved ones? What mistakes did you make that, with God's grace, resulted in your becoming a better person? What good deeds did you do that made the world a better place?

In 2016, I wrote Part Two of my Ethical Will. It begins like this: “I just read my Ethical Will, which I wrote 28 years ago. I should have been reading it regularly, to remind me of my highest self and motivate me to be a better man. I have made so many mistakes since then. I have hurt and disappointed Dotty (and therefore David) so many times. I can only ask for forgiveness from Dotty and David and anyone else that I have hurt. I wrote to David: ‘Follow your heart, not your mind.’ If I had listened to that advice myself for all these years, so much pain and sorrow could have been avoided. So, to my loved ones, I ask you to remember me for those times when I did follow my heart.”



Then I wrote about the most painful mistakes I made when I closed off my heart. I recalled the good deeds that made a difference in the lives of two people, my “Little Brothers” for whom I was a mentor.

It wasn't easy for me to write an Ethical Will, especially the second one. I had to remember the times when I looked at the Man in the Mirror and didn't like who I saw.

I am proud to say that my son has followed his heart, both in his profession (film editor) and in his

personal life (giving of himself completely and unconditionally to those he loves).

So much of what I have written in my two Ethical Wills, David has already expressed by living his life. But just the writing of my Ethical Wills, and re-reading them regularly, has given me a peace of mind that no regular Will ever could. The essence of who we are is the greatest and most lasting gift that we can give to our loved ones.

Here is how I end my second Ethical Will: “I feel complete in what I have expressed. I feel so grateful for my life. Every day that I wake up, I thank God. So, I leave these two things to those who read this: LOVE and GRATITUDE. May each of your days be filled with both.”

I offer a free consultation for all matters regarding Wills, Trusts, Probate and Estates. I am also available for free consultation regarding any issues pertaining to personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204 (just east of Powerline) Deerfield Beach, Florida 33442.

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During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

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POETS *and* POETRY

Ring-a-Ling

By Mary Lou Defillippo

*Water is seeping from my overhead fan,
But plumbing's a talent I lack.
I say to myself, "What am I to do?
I know. I'll call Jack."*

*Someone has parked in my parking lot spot,
And I'd like to give them a good crack.
But, I say to myself, "What am I to do?
I know. I'll call Jack."*

*Z6 had a seizure.
The elevator's stuck.
The insurance
Won't cover the cost.*

*The fire truck left.
But damage was slight.
Only a toaster
Was lost.*

*There's a rat in the trash
A tree on a car.
And the washer on four
Ate a sock.*

*The hurricane won't hit
'til 7AM
Whoa!
Did the building just rock?*

*Some little runt
Cut the bushes out front.
I'll bet she's a pain
In the side*

*The hurricane went through
At 11:42.
All, but the rat
Survived*

*With crises and questions
With problems and trials
We besiege this poor man
With hardly a smile*

*But his shoulders are broad
And his talents are vast.
His words make our problems
A thing of the past*

*He's our hero. Our peer,
Our man of the year
This man upon whom
We rely.*

*He's got our back
This fellow named Jack
A fact
You can never deny.*

*Z6 has recovered.
The rat went to rest.
The elevator's chugging again.
The washer coughed up, not only the sock,
But a perfectly lovely vest.*

*We'll all make it through
'Cause we know what to do.
We've got the recipe
For staying on track*

*If there's danger
In the air.
We'll just
Pull up a chair.*

And we'll all call...Jack.

Balance *and* Aging

By Ron Molino
Certified Personal Trainer

Before I get into this month's exercises I wanted to share something with you. I have been a Personal Trainer for 30 years, the first 10 years I worked mostly with younger clients, but when I moved into Wynmoor my clients became mostly seniors. I can't tell you how much more gratifying it is for me to help and see results for the senior population. Thank you. If you didn't read last month's article I stressed safe ways of doing the balance exercises. Feel free to call me at 954-673-6700 and I can go over them with you.

Here are a few. Walk forward for 10 to 20 steps, when you pick up one foot hold it up off the ground for 2 seconds before putting it down then repeat with the other foot. Stand with the toes of one foot against the heel of the other foot and rock back and forth 12 times, then reverse your feet and repeat. This strengthens the ankles. March in place lifting the knees as high as you can, then try it moving forward. I wanted to include some upper body exercises this month, but I wanted to give more balance exercises using legs.

Next month I'll devote to upper body. You may need some small weights or exercise tubing to do upper body exercises. I will include some photos or diagrams. Stay well and don't quit.

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During the pandemic, Jared Moskowitz worked with Commissioner Mark Bogen to bring vaccines to our community.



“Time and time again, Jared Moskowitz was here for us when Broward County needed him most. During the pandemic Jared was our point man for testing and vaccines for seniors and at-risk populations. As a Commission colleague, Jared has continued to act with his values of service and I’m proud to endorse his congressional campaign.”

— Mark Bogen, Broward County Commissioner

After the shootings in Parkland on February 14, 2018, Jared helped pass the first gun safety bill in decades through Florida’s Republican-led legislature. Now Jared is bringing the fight to Washington to get things done for Florida. In Congress, Jared will:

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- Prepare for the next pandemic

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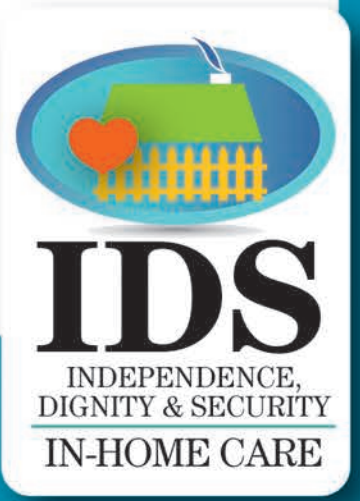
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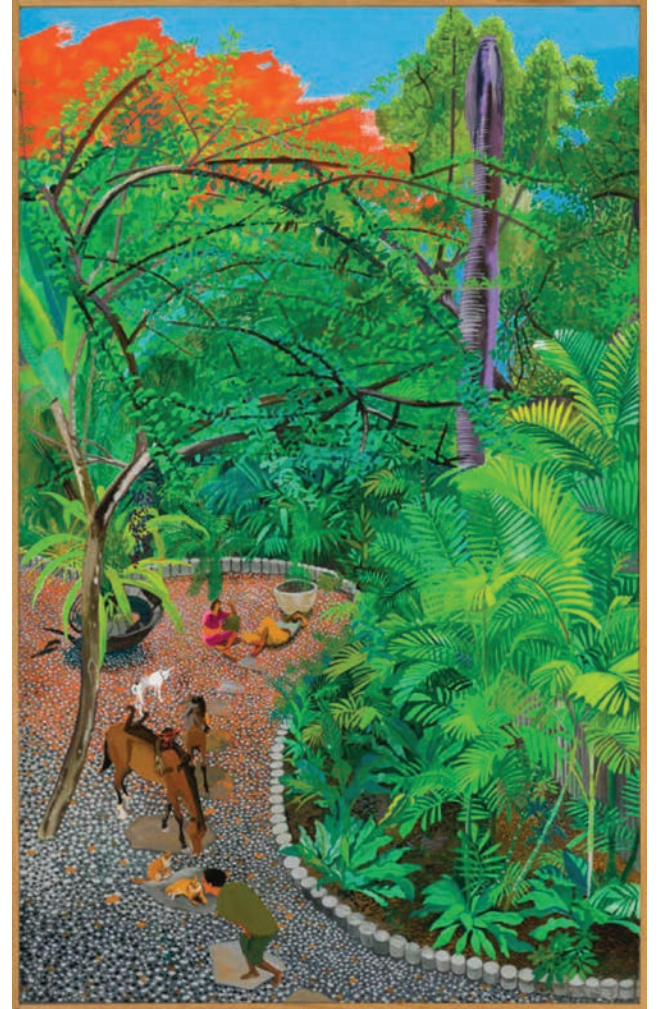
Recently, I returned to the Perez Art Museum which is dedicated to Contemporary Art. This art museum has a fine collection of Contemporary Art produced by Hispanic Artists and Artists of Color.

From the Perez Art Museum’s permanent collection, I especially appreciated the following paintings; Jordan Casteel’s “Lourdes and Karina,” Hulda Guzman’s “Under The Flamboyant” with its brilliant Poinciana Blossoms, Jose Bedia’s “Deer Island,” Viktor El Saieh’s “Chalooska Festival,” Gene Davis’ “Blue Freak Out,” a fine work by this Washington, D.C. Colorist, Gisela McDaniels’ “Speaking Seeds,” and Lillian Garcia-Roig’s “Hyperfolia Nature in Florida.”

I especially relished the following creations from the Perez Permanent Collection; George Segal’s “Abraham’s Farewell To Ishmael,” Zhivago Duncan’s “Pretentious Crap,” punctilious mixed media creation, Simone Leigh’s “Trophallaxis,” a symbolic depiction of African Women’s Breasts, and Myrlands Constant’s “Exorcism.”

I liked the “Andy Warhol And Marisol Take New York” Temporary Exhibit very much. This exhibit featured fantastic creations by Andy Warhol such as; “Silver Clouds” which has a playful charm, “Cows,” screen-print on wallpaper, and “Silver Liz,” fine screen-print of this iconic actress, among others I saw delightful works by Marisol such as; “The Party,” made with painting and carved wood, mirrors, plastic, clothes, shoes, and a tv set, and “Andy” produced with graphite oil paint, plaster on wood, and Andy Warhol’s Shoes, among others. Marisol was an inspiration to Andy Warhol, when they worked in New York City together. I also saw fine photographs of Andy Warhol and Marisol made by David McCabe.

The Perez Art Museum has a special allure to it and delightful swings with views of Biscayne Bay. My four hour visit to the Perez Art Museum improved my knowledge of Contemporary Art.



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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Introducing Park, Walk, and Talk



Starting on June 15th and going through the end of that same month, Coconut Creek police officers spent more than 170 hours out of their cars, walking through neighborhoods, and just being friendly by talking to whomever they encountered. It's called Park, Walk, and Talk, and it's the newest important initiative for our

patrol officers. It's also an integral part of the City of Coconut Creek's Vision 2030 Plan, which outlines the City's improvement and performance goals through the next eight years.

The aim is as simple as its name. Officers will spend at least one hour per work week parking their cars, walking through neighborhoods, and talking to people; that's residents and business owners, managers, and employees. As Captain Fred Shelton put it in his letter to patrol officers introducing the program: "This effort to engage the public will help build relationships and trust within the community we serve."

In the first two weeks of the initiative, officers spent nearly two-and-a-half hours walking through Wynmoor Village alone. "[The Coconut Creek Police Department] should not be an agency that only shows up to arrest someone in a neighborhood or business," Captain Shelton wrote in his letter. "The expectation is for officers to talk to people and go into neighborhoods and businesses on a routine basis. The residents and business owners should get to know officers by name, and eventually feel comfortable enough to offer

tips and information about crime and other issues within the community."

Thankfully, Wynmoor doesn't see a lot of crime. But the aforementioned relationships could, for example, help officers identify neighbors going through a rough time mentally. We have equipped officers with knowledge and information to help those who may be in some sort of mental or emotional crisis. Park, Walk, and Talks could also help officers identify residents who may be in the beginning stages of cognitive decline and get them the assistance that they need.

The program is not confined to just neighborhoods. You will find officers doing Park, Walk, and Talks at places you might frequent on a regular basis such as the Community Center, Windmill Park, Promenade at Coconut Creek, and the Coconut Creek Plaza. The plaza is home to the Publix where so many of you shop for groceries and other important items.

An officer doing a Park, Walk, and Talk has already prevented a potential suicide at an apartment complex on the north end of the city. A woman whose adult daughter was distraught after a relationship break-up stopped one of our officers who just happened to be in the neighborhood taking part in this initiative. Officers found the daughter and she agreed to get the help she so desperately needed.

Park, Walk, and Talks will be an important part of our commitment to meeting and exceeding your customer service expectations in the future. Rest assured that when you meet an officer on one of these Park, Walk, and Talks, that officer will have a friendly ear, ready to help in any way he or she can.

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2022 TRIM Notices

The Broward County Property Appraiser’s Office mails the TRIM (proposed tax) Notices in August of each year. This is NOT a tax bill but a notice showing your property’s 2022 just value, exemptions and proposed taxes as set by the various taxing authorities. The TRIM Notice is your opportunity to review your 2022 just value and ensure you are receiving all the tax-saving exemptions you are eligible for.

Florida Statutes require our office use January 1 as the date of assessment each year. The 2022 just values are based on the market data from 2021. Our office must consider changes in market conditions – up or down – when developing the just/market values each year. The 2022 just values will reflect the significant changes in the 2021 market data. As the real estate market trends upward, most property owners will see increases in their just/market values.

Our office does not set nor collect property taxes. If you have questions about the proposed tax rates, the contact information and public hearing dates for the individual taxing authorities are listed to the right of each agency name on the TRIM Notice.

I Recently Applied for Homestead Exemption—Why Is It Not Showing on my TRIM Notice?

Florida Statutes require our office use January 1 as the date of assessment and to determine exemption eligibility each year. If you purchased your home after January 1, 2022, you are eligible for 2023 Homestead Exemption. The

2023 exemptions will show online in December and be included for the 2023 tax year.

I Had Homestead Exemption Last Year - Where Did My Exemptions Go This Year?

If you purchased your home in 2021, you may have “inherited” the previous owner’s exemptions last year. These 2021 exemptions would have been removed at the end of last year, so they are no longer showing on your TRIM Notice for tax year 2022. Fortunately, you can still late file for 2022 Homestead and any other exemptions you may qualify for until September 19, 2022. To apply online, please visit our website at <https://web.bcpa.net/>

I Am a Senior Citizen – Why Isn’t the Senior Exemption Showing?

The Senior Exemption is both an age and income-based exemption that is not automatically applied to a property because of the income requirement. To be eligible for this exemption, an applicant must be age 65 or older as of January 1, 2022 and have an adjusted household gross income for 2021 not exceeding \$32,561. If you believe you qualify for this additional exemption, you can still late file until September 19, 2022. To review the exemption requirements and to apply for this exemption, please go to our website at <https://web.bcpa.net/bcpaclient/#/SeniorExemption>

If my office can ever be of assistance to you, please do not hesitate to contact me directly at martykiar@bcpa.net

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| Bedroom - \$85.00 Hallway - \$75.00 | Bathroom - \$75.00 Den - \$175.00 | |

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August 2022 Movies

All Wednesday and Sunday night movie showings will be presented with "Open Captioning" when available.



Lost City
1 hour, 52 minutes
Wednesday, Aug. 3rd at 2 PM* & 7:30 PM
Sunday, Aug. 7th at 7:30 PM*

* (Open Caption)

Starring Sandra Bullock, Channing Tatum, Brad Pitt and Daniel Radcliffe. Reclusive author Loretta Sage writes about exotic places in her popular adventure novels that feature a handsome cover model named Alan. While on tour promoting her new book with Alan, Loretta gets kidnapped by an eccentric billionaire who hopes she can lead him to an ancient city's lost treasure from her latest story. Determined to prove he can be a hero in real life and not just on the pages of her books, Alan sets off to rescue her.
Rated PG-13 for violence and some bloody images, suggestive material, partial nudity and language. Adventure/Action.



Downton Abbey: A New Era
2 hours, 4 minutes
Wednesday, Aug. 10th at 2 PM* & 7:30 PM
Sunday, Aug. 14th at 7:30 PM*

* (Open Caption)

Starring Maggie Smith, Tuppence Middleton, Michelle Dockery, Hugh Dancy, and Laura Haddock. The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.
Rated PG for some suggestive references, language and thematic elements. Drama, Romance.



Montana Story
1 hour, 53 minutes
Wednesday, Aug. 17th at 2 PM* & 7:30 PM
Sunday, Aug. 21st at 7:30 PM*

* (Open Caption)

Starring Haley Lu Richardson, Owen Teague, and Asivak Koostachin. Two estranged siblings return home to the sprawling ranch they once knew and loved in order to care for their ailing father.
Rated R for language. Drama, Western.



Everything Everywhere All At Once
2 hours, 19 minutes
Wednesday, Aug. 24th at 2 PM* & 7:30 PM
Sunday, Aug. 28th at 7:30 PM*

* (Open Caption)

Starring Michelle Yeoh, Stephanie Hsu, Ke Huy Quan and Jamie Lee Curtis. When an inter-dimensional rupture unravels reality, an unlikely hero must channel her newfound powers to fight bizarre and bewildering dangers from the multiverse as the fate of the world hangs in the balance.
Rated R for some violence, sexual material and language Sci-fi, Adventure.

**** Please Note The NEW Schedule ****


**** MASKS ARE OPTIONAL ****

Movies start on time. No reserved seating for movies. Movie tickets are \$2.00 (check/cash); exact amount is **REQUIRED!** NO CHANGE WILL BE PROVIDED. IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable. Children younger than 15 are not permitted in Theatre. No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution. There are no refunds or exchanges. Some people are allergic to perfume and cologne. If you must use these items, please go lightly.

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| AQUA ENDURANCE with Kenny 8:30 - 9:15 AM | BOOT CAMP with Robyn 9:00 - 9:45 am | BOOT CAMP with Robyn 9:00 - 9:45 am | BOOT CAMP with Robyn 9:00 - 9:45 am | AQUA ENDURANCE with Kenny 8:30 - 9:15 AM |
| ZUMBA with Maria 9:30-10:15 AM | WATER AEROBICS with Robyn 10:00 - 11:00 am | WATER AEROBICS with Robyn 10:00 - 11:00 am | WATER AEROBICS with Robyn 10:00 - 11:00 am | ZUMBA with Maria 9:30-10:15 AM |
| WATER AEROBICS with Robyn 10:00 - 11:00 AM | BARRE with Kenny 10:00 - 10:45 | FIT & FLEX with Kenny 10:00 - 10:45 | 3B with Kenny 10:00 - 10:45 | WATER AEROBICS with Robyn 10:00 - 11:00 AM |
| CORE & MORE with Kenny 10:20 - 10:50 AM | BALANCE & JOINTS with Robyn 11:05 - 11:35 am | | BALANCE & JOINTS with Robyn 11:05 - 11:35 am | CORE & MORE with Kenny 10:20 - 10:50 AM |
| AEROBICS with Robyn 11:05 - 11:35 AM | | | | AEROBICS with Robyn 11:05 - 11:35 AM |
| | AQUA ENDURANCE with Kenny 2:15 - 3:00 pm | | AQUA ENDURANCE with Kenny 2:15 - 3:00 pm | |

Fitness Classes are located in West Wing I, unless otherwise noted.
Water Aerobics is located at the Main Pool.
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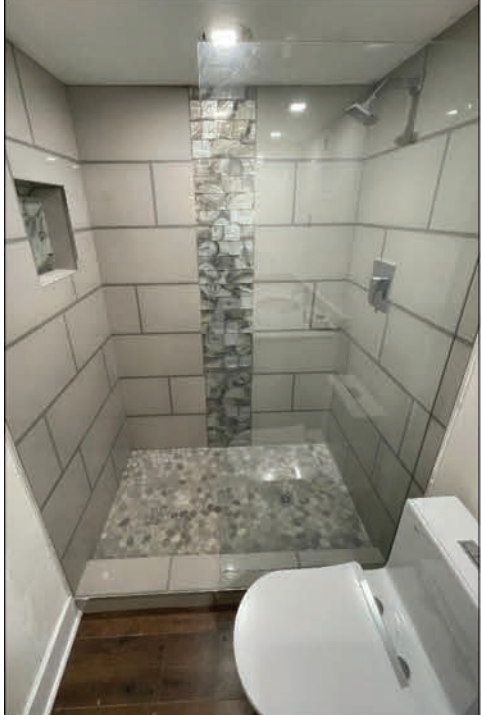
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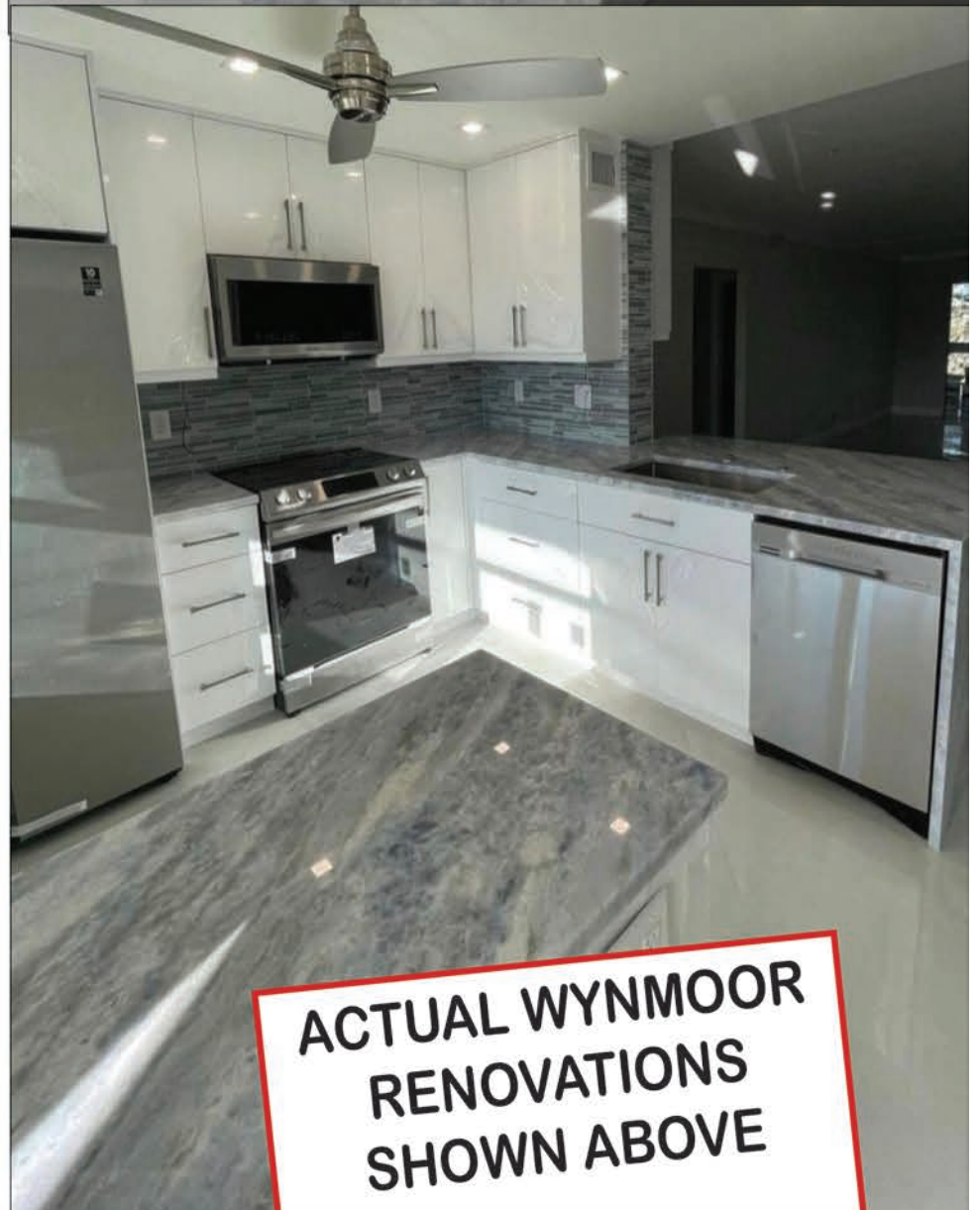


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Dennis DelleFave to Star in *One-Man Tribute* to SINATRA & ROSELLI at the Township Center for Performing Arts



A *Tribute to Sinatra & Roselli* will be performed by Dennis DelleFave in a one-man show at the Township Center for Performing Arts in Coconut Creek, FL on September 16, 2022, at 8:00 p.m. The one-night only performance will include storytelling and songs with a seven-piece band accompanying DelleFave on Sinatra and Roselli classics such as *My Way*, *You Make Me Feel So Young*, *That's Life*, *Little Pal*, *Old Wedding Ring*, and Neapolitan standards such as *Sorrento*, *Mala Femmina* and *Ane me Core*.

Tickets are \$35 and \$45, depending on seat choice. To purchase tickets, contact the box office at 954-970-0606 or purchase online at BoxOffice.TownshipCoconutCreek.com. The theatre is located at 2452 Lyons Road, Coconut Creek.

Dennis DelleFave's nearly 50-year entertainment career as a comedian and singer was launched in 1965 as Jimmy Roselli's road manager. He has remained a close family friend of the legendary singer ever since, serving as his historian and confidant until Roselli's passing in 2011. Roselli was also a regular guest on DelleFave's popular South Florida radio show. Also in 1965, DelleFave met and spent time with Frank Sinatra during Roselli's performances at The Sands Hotel in Las Vegas and became privy to the relationship between the two great singers. Their story served as the basis for DelleFave's show, *The Feud: Two Guys from Hoboken, the Story and the Music*. The musical is based on the little-known 40-plus year professional and personal relationship between the two entertainers, who lived on the same block in Hoboken, N.J. DelleFave's homage to Roselli also includes a TV movie script of the singer's life.

DelleFave's career in South Florida began with a position as the public relations director for the Florida Symphonic Pops Orchestra, led by Maestro Mark Azzolina, a position that included booking talent. He has produced and worked with notable entertainers such as Jerry Vale, Theodore Bickel, Hal Linden, Florence Henderson, The Kingston Trio, Vic Damone, Arturo Sandoval, Victor Borge, and Jim Nabors.

Dennis DelleFave currently lives in Boca Raton with his wife, Irina, where he continues to write and produce. His philanthropic activities have included helping originate the Coin Nobel Clinic for Cancer Research for Florida Atlantic University in Boca Raton.

Fun With Friends 2 Inaugural Dance

By Bryan Casey

Hello Friend! The *Fun With Friends 2* Inaugural Dance kicked off on Sunday, June 12th at the Wynmoor Grand Ballroom. The night's performer was Wynmoor's own *Linda Wise and her Jamnation band*, who treated the crowd to Rock-N-Roll classics. Attendees danced to classics like, *Superstition*, *Proud Mary*, and *Two Tickets to Paradise*. Members filled the dance floor as they boogied to Wynmoor's only live band entertainment club.

Due to the overwhelming support, this first dance was limited to Members-only. Over 170 Members attended. The dance ended promptly at 10:30 p.m.

Our next dance is scheduled for **Sunday, August 21, 2022**. Further details are coming soon. **This next dance will be open to a limited number of guests, on a first come – first served basis.**

Finally, we thank all who attended our first event. To those who participated in our survey: WE HEARD YOU and pledge to provide a great new experience for the next dance.



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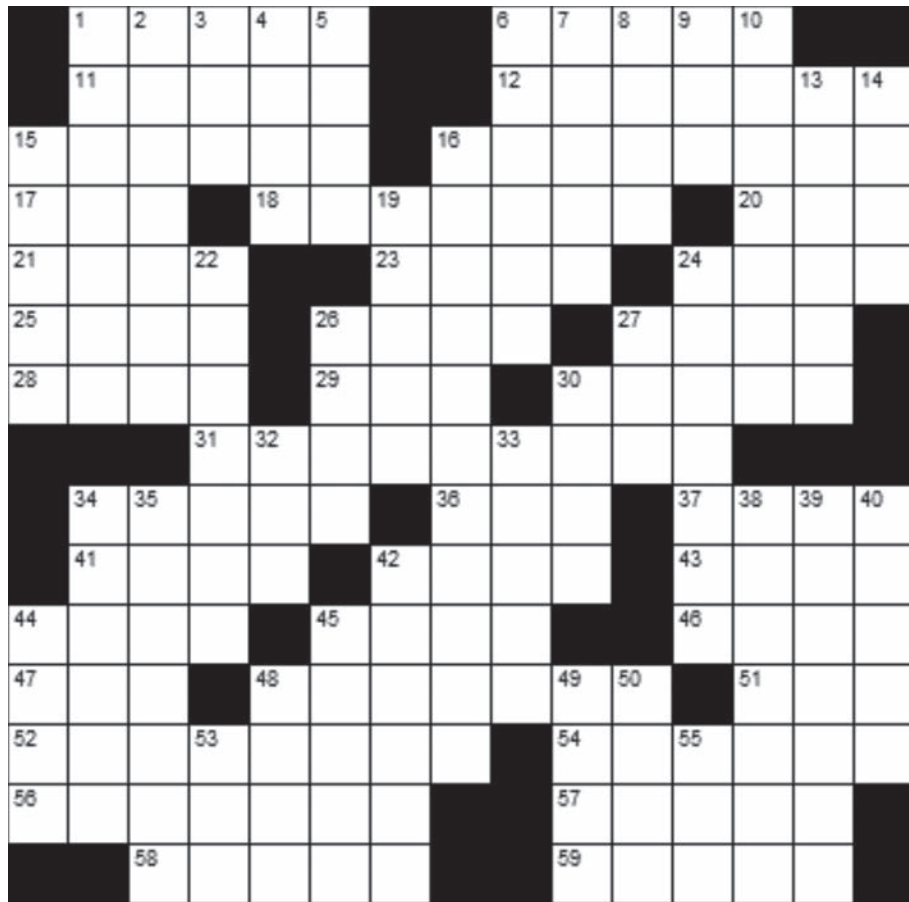


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Puzzles and Games

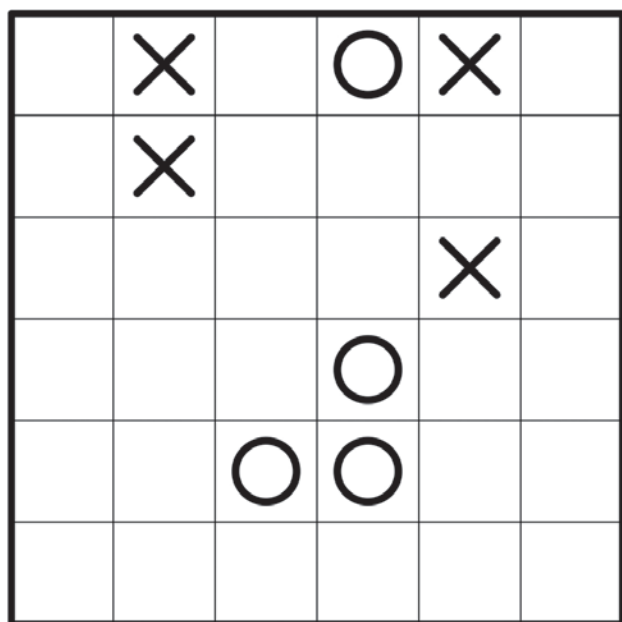
Solutions on page 61

Crossword Puzzle



- ACROSS**
- 1. Break into pieces
 - 6. Stash
 - 11. A piece of flat furniture
 - 12. Opposed
 - 15. Detector
 - 16. A type of racer
 - 17. Small amount
 - 18. Trust in
 - 20. East southeast
 - 21. Winglike
 - 23. Being
 - 24. Overcast
 - 25. Celebration
 - 26. Consumes food
 - 27. Curtail
 - 28. Worry
 - 29. 56 in Roman numerals
 - 30. More than once
 - 31. Uprising
 - 34. Extra
 - 36. Chop off
 - 37. Challenge
 - 41. Rate
 - 42. Negative responses
 - 43. Not odd
 - 44. Pub serving
 - 45. Bristle
 - 46. Speed competition
 - 47. Additionally
 - 48. Bicyclist
 - 51. Lip
 - 52. Cat suits
 - 54. Conceit
 - 56. A certain baked dessert
 - 57. Genus of heath
 - 58. Put up with
 - 59. Insurrectionist
 - 14. 3
 - 15. Personnel
 - 16. Purified liquids
 - 19. Depart
 - 22. Take back
 - 24. Emery wheel
 - 26. River to the North Sea
 - 27. One plus one
 - 30. Pieces of information
 - 32. Before, in poetry
 - 33. Devoted
 - 34. Small piano
 - 35. Mythological box opener
 - 38. Greed
 - 39. Musical event
 - 40. Foe
 - 42. You sew with this
 - 44. Buddies
 - 45. Rip up
 - 48. Dry riverbed
 - 49. At any point
 - 50. Scarce
 - 53. Vat
 - 55. Bird's beak
- DOWN**
- 1. Robber
 - 2. Require
 - 3. Stomach muscles, for short
 - 4. Untidy one
 - 5. In this location
 - 6. Gentle touch
 - 7. Tequila source
 - 8. Enclosure
 - 9. Not hers
 - 10. Intestinal
 - 13. Benne

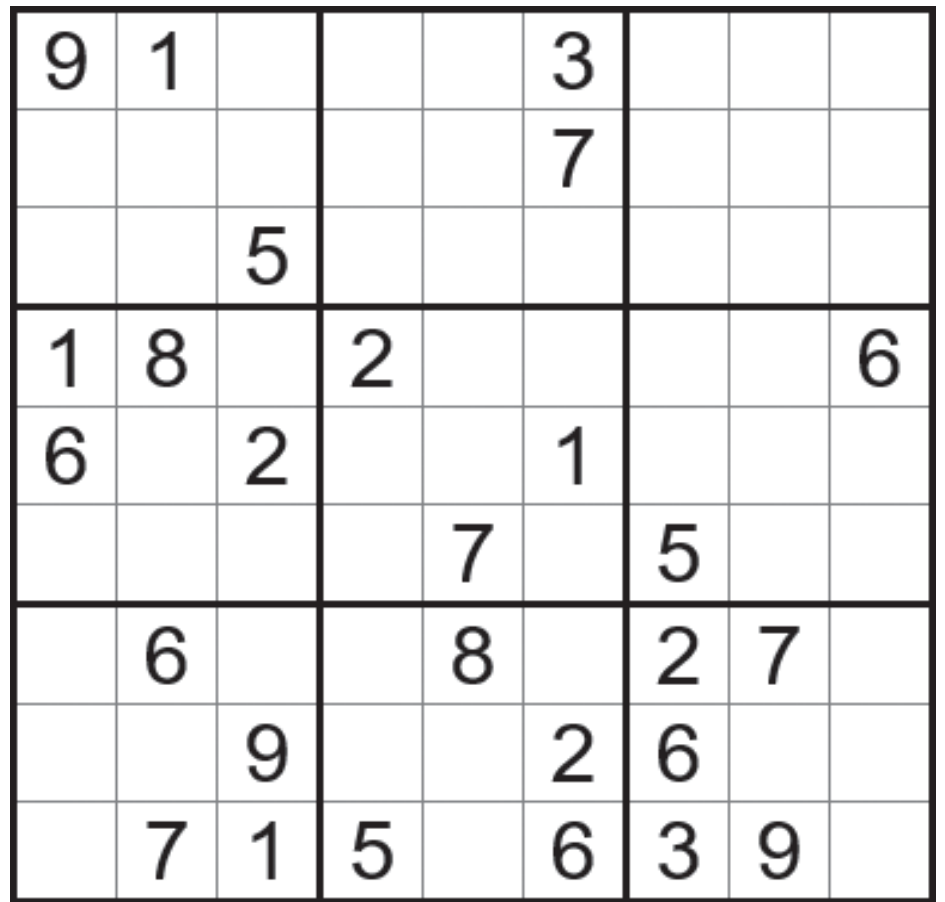
Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Lights, Camera, Action

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- | | | | |
|-----------------|-------------|-----------------|--------------------|
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| ADVENTURE | DRAMA | PROJECTOR | SPECIAL EFFECTS |
| ANIMATION | ENDING | PROP | STAR |
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| BLACK AND WHITE | FAMILY | REMAKE | STORYLINE |
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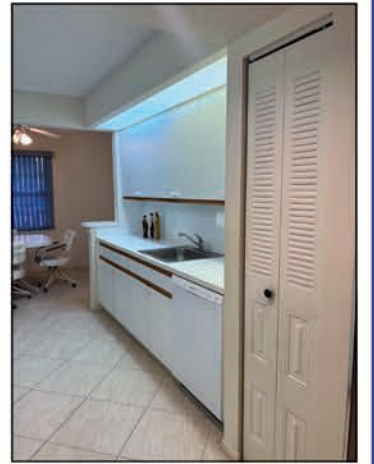
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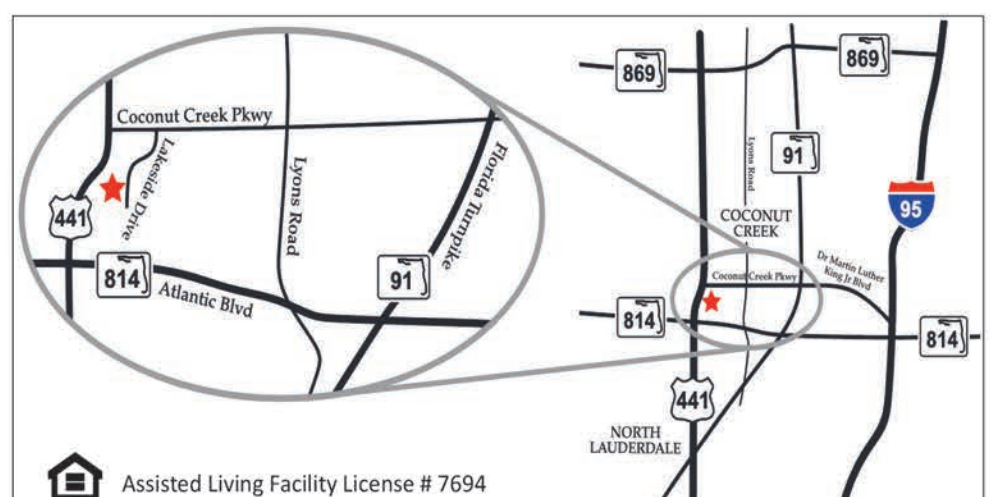
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The Liberal Jewish Temple of Coconut Creek

By Iris Arlan & Lee Temares

Where is time going? It is hard to believe that we are planning for the High Holy Days already. Rosh Hashanah begins the evening of September 25th. Are tickets available? Yes. The cost for non-members is \$125 per person. Want to know more?

Curious about our Services, the Rabbi, etc.? Call Ritual Chair, Lee Temares, at 954-968-4236. Ready to join? Call Iris Arlan at 954-532-5268. Our dues are still \$100 per person.

Mark your calendars for our Rabbi's Concert on Sunday, November 7th. Tickets are \$18.00. Call Iris Arlan for details. It will be a concert to remember.

And now some more for our fun facts. On July 8, 1654, Jacob Barsimson left the Netherlands on a ship to New Amsterdam, where he became the first known Jew to settle in what would become New York. Barsimson, and the Sephardi Jewish settlers who would soon join him, pushed back against New Amsterdam's anti-Semitic governor, Peter Stuyvesant, to earn rights in the Dutch colony.

Are you familiar with the names of these Black Jews?

Rabbi Sandra Lawson: She was born in 1970, and became the first black, and openly gay, female rabbi in the world upon receiving rabbinic ordination from the Reconstructionist Rabbinic College in 2018. Through her active social media presence, Lawson has become known worldwide as an advocate for racial equity and social justice.

Aaron Samuels: Mr. Samuels is a poet and entrepreneur. He is the co-founder of a digital publication for black millennials that was launched in 2014. His first book of poetry *Yarmulkes and Fitted Caps* was published in 2013. Many of his poems touch on his black and Jewish identity.

Tiffany Haddish: Tiffany Haddish did not know about her Jewish roots until adulthood. She first met her father, an Eritrean Jew, when she was 27, and began reclaiming Judaism shortly afterward. Haddish released a comedy special in 2019 called, *Black Mitzvah*, and celebrated by having an actual bat mitzvah ceremony off screen, which was officiated by comedian Sarah Silverman's sister, Rabbi Susan Silverman.

Josh Ho-Sang: Born and raised in the Toronto suburbs, Josh Ho-Sang is a professional ice hockey player. After being drafted by the New York Islanders in 2014, Ho-Sang spent several years in their farm system before moving to the American Hockey League. Ho-Sang is Jamaican and Chinese on his father's side and Russian Jewish and Swedish on his mother's side.

Julius Lester: Julius Lester converted to Judaism in 1982 at age 43, an experience he wrote about in the book, *Love Song on Becoming a Jew*. His interest in Judaism began as a young child, after discovering that his great grandfather was a German Jewish immigrant. Throughout his career as a writer, Lester penned 8 nonfiction books, 31 children's books, one book of poetry, and more than 200 essays. Lester also enjoyed a successful 32-year career in academia as a faculty member in the Judaic and Near Eastern Studies department at the University of Massachusetts, Amherst.

Sammy Davis, Jr: While entertainer Sammy Davis, Jr was raised in a Christian home, his interest in Judaism was sparked by comedian Eddie Cantor, who gave Davis a mezuzah in 1953. Davis completed the conversion process in 1961. During press interviews he often drew parallels between the African American and Jewish communities.

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Questions About ACUPUNCTURE

By Marcus Smith, Licensed Acupuncture Physician



How Acupuncture Became Included in Modern Western Medicine

In 1971, an article appeared in the New York Times by James Reston, a member of the US Press Corp. Mr. Reston had been in Peking (now Beijing) helping to prepare for President Nixon's historic visit to China when he began to have severe abdominal pain. He was examined by local doctors, diagnosed with acute appendicitis, admitted to a hospital and scheduled for surgery. He reported that the surgery went well and without complications but on second day after surgery he was having very uncomfortable stomach pain and bloating. Here is his own account of what happened next:

"Li Chang Yuan, doctor of acupuncture at the hospital, with my approval, inserted three long, thin needles into the outer part of my right elbow and below my knees and manipulated them in order to stimulate the intestine and relieve the pressure and distension of the stomach... Meanwhile, Doctor Li lit two pieces of an herb called ai, which looked like the burning stumps of a broken cheap cigar, and held them close to my abdomen while occasionally twirling the needles into action. All this took about 20 minutes, during which I remember thinking that it was rather a complicated way to get rid of gas on the stomach, but there was a noticeable relaxation of the pressure and distension within an hour and no recurrence of the problem thereafter."

Now this rather short article generated considerable buzz among the Western medical community as well as a lot of scrutiny by detractors who were not fans of the Nixon administration and called the whole affair a publicity stunt. Nonetheless, the event began an exchange between China and the west, with China inviting American MDs to visit Chinese hospitals and not only observe

first-hand, but be trained in the use of acupuncture for pain-relief.

I had the good fortune to meet one of those first doctors trained in China. He was Chief of Neurological and Spinal Surgery at the University of Texas John Sealy Medical Branch in Galveston, Texas. In my conversation with him, he described how he had been trained to use a few acupuncture needles on the surface of the patient's outer ear to control their pain DURING surgery, which allowed the patient to remain awake and to communicate with the doctor during the procedure! He said that for him, he was willing to use whatever is necessary to minimize the inherent risk for the patient with such invasive surgery and that acupuncture used in this manner had literally transformed his practice.

Though it has been a long, arduous road since that first article appeared for acupuncture's acceptance as a safe and viable addition to modern western medicine, it is now taught to medical students at many US medical schools and is covered by Medicare for the treatment of chronic lower back pain as well as for many other medical conditions by numerous health insurance companies.

In nearly 30 years of clinical practice, I have witnessed the effectiveness of acupuncture in addressing acute and chronic pain, neurological disorders, digestive and respiratory problems as well as high blood pressure, insomnia, anxiety and depression. **For more information about acupuncture and how it may benefit you or your loved ones, please visit our website at MarcusSmithAcupuncture.com or call us at 954-907-1036.**



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WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA



The Myth of the Straight Lead Arm

Over the years of instruction, it is still common to hear the tip of keeping your lead arm straight. Granted, there are players able to maintain that arm straight. It becomes a matter of the strength and suppleness of the player. No one is advocating purposely bending the arm rather allow your physical makeup

to determine whether it remains straight or flexes a bit at the elbow. Take note most all players do have and maintain a much straighter arm on their downswings because of the proper path and lead arm control.

As a senior golfer the straight arm idea generally forces the swing to vertically cutting off any turn or rotation of the body. In addition, I have seen many players injuring themselves at the elbow.

The list of great players with that flex as I remember started with Tom Watson, Curtis Strange, Phil Michelson, Fred Couples, John Daly, Jordon Spieth and Colin Morikawa to name just a few notables.

The photos attached are some illustrations of this softer arm position.

The best senior pros have remarked their career longevity is because they maintained the length of their backswings. As I teach senior golfers the stiff arm reduces speed in your swing and a full range of motion needed to carry your shots sufficiently.

Kevin Battersby, PGA

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DESCRIPTION OF PHOTOS ON RIGHT SIDE

Top Left: Collin Morikawa

Top Right: Open Champ - Cameron Smith

Bottom Left: Phil Michelson

Bottom Right: Tom Watson



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You've Tried The Rest, Now Try The Best Temple Beth Am, Margate

By Linda Storfer

IT'S SO IMPORTANT TO MAKE SOMEONE HAPPY, MAKE JUST ONE SOMEONE HAPPY, MAKE JUST ONE HEART YOU SING TO are the lyrics to a song that was recorded and sung decades ago by Jimmy Durante and subsequently sung by other popular recording artists including Doris Day and Tony Bennett. When I hear this old classical tune, I reflect that these words are relevant today more than ever. In these crazy and scary times, it is so meaningful to wake up every day and "make someone happy" whether it is your spouse, partner, daughter, son, grandchild, your relatives or a friend. Unfortunately, people are in deep pain and hurting badly in these troubled times and it behooves all of us to be nice to people and show them everyday kindnesses no matter how big or small. This is definitely a time for unity for when we all stand together we are so much stronger.

Temple Beth Am is a conservative egalitarian synagogue offering daily services both online and in person led by our Rabbi Michelle Goldsmith. But it is so much more than a place of worship. It is a beautiful venue that is filled with "ruach" (spirit) where people come together to pray, laugh, socialize, study, eat and nourish their souls and minds culturally and educationally when they partake in the myriad of activities that we offer. What better time for you to visit us than now right before the High Holidays and check us out (see our ad elsewhere in this paper).

On August 14th our Men's Club is participating in Jewish Heritage Day at the Stadium and will watch the Marlins play the Atlanta Braves. On August 21st the 2nd Annual Back to Shul BBQ will be held at the synagogue. Both of these events are open to members and non-members and you're welcome to bring your children and grandchildren. Our dynamic Sisterhood is offering a Game Day party of mah jongg, canasta and yummy refreshments where you can bring your friends or come in and make new friends. For all of these and other upcoming events please check our website at www.beth-am.org or visit our office at 7205 Royal Palm Blvd, Margate which is open daily from 9:00 a.m. - 5:00 p.m. Monday-Thursday and Friday from 9:00 a.m. - 12:00 noon. You can also call the office at 954-968-4545 for information on how to become a member. HAPPY AUGUST TO EVERYONE!!!

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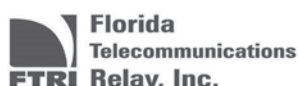
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Democratic Club

By Stan Grossman

The **Democratic Club** meeting will be held on **Tuesday, Aug. 2nd**, in the **MAIN BALLROOM**. Doors open at **1:30 PM** and the meeting will **start promptly at 2:00 PM!** This will be an important and informative meeting. Our Guest Speakers this month are two of the candidates for Florida's U.S. Congressional District 23 (FL-23; Ted Deutch's seat): Ben Sorensen, Vice Mayor, City of Fort Lauderdale and Hava Holzhauer.

During this meeting we will be holding elections for the club's Board of Directors. Please call Mikkie Belvedere at 954-977-5912 (leave message if no answer) if you would like to volunteer or nominate someone for the open Secretary position. Nominations will be accepted from the floor during the meeting.

Please join us and get involved; bring a friend. For more information on the club, please call Ilene Garland at 954-972-1978.

EDITORS NOTE:

The above article was submitted after deadline. Due to its' timely information, I decided to include it, but had to place it outside of the Club Section and find available space.

Articles submitted after the deadline **MAY** not be included in the current issue and held for the following issue.

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ASK DR. JOY

By Joy Berke Sanchez Ph.D.

The Mind-Body Connection



Do any of the following sound like you?
It runs in the family.
It's flu season again.
I was just on a plane (or in a crowd) that's why I have a cold.
God uses disease to teach us something.
It's 'going around'.
Disease builds character.
When you reach a certain age, bodies just start falling apart.
Everyone will eventually get Covid.
I can probably go on and on with this, but you get the idea. See if you have some

of your own pet ideas that I didn't think to put on my list.

It's not only your beliefs and attitudes that have an effect on your health. Your physician's beliefs also matter. Dr. Larry Dossey, who writes extensively about this, says that your doctor can influence you and your outcomes in both positive and negative ways. He says that physicians can exert powerful effects through their beliefs. If they strongly favor a certain medication or therapy and talk up the effects in a cheerleader manner a patient will "catch" their enthusiasm and even a placebo will work. On the other hand, Dr. Dossey speaks of a patient of another doctor who was seriously ill and wrote to him. In part, this is what she wrote. "I began to realize that my doctor doesn't believe I'm going to live. It takes me two weeks to recover from a visit to him. He leaves me depressed and feeling sicker. After a while I begin to feel more positive and physically healthier and then the cycle begins again when it's time for my next appointment. Why do I feel like my own physician is killing me?" Why indeed??

As I've mentioned in previous articles, thoughts are vibrations that go out into the universe and attract like thoughts and then physical manifestations to themselves. We rendezvous with these thoughts and people constantly pick up their vibrations as they pick up ours. Especially if we believe that the person, like your physician, has the credibility to know the 'truth'. We then believe it and our own thoughts can create our health or illness.

There is a book out by Dr. Bruce Lipton in which he says that our thoughts can actually change our DNA. How about that? I find that remarkable and it should eliminate the 'it runs in the family' excuse.

We all know and agree that stress and constant negativity and negative expectations can change our health as can depression and anger. But how about opposite feelings? Can extreme positivity and joy also affect your health? Of course, it can. Along with feelings of peace, love and serenity. Those will lead to a sense of well-being and your body will get the message and transform itself and manifest that well-being physically.

When Dr. Dean Ornish was all the rage, maybe in the 80s and 90s, he had a three-step program for people with heart disease. The first step was to become a whole, unprocessed food vegan, the second was mild-moderate exercise and the third, which to me summed it all up, was to meditate and share in a support group that stressed wellness rather than regurgitation of fears and complaints. All his participating patients improved but the ones who consistently meditated and attended group meetings did remarkably better.

I can write so much more on this subject especially the power of prayer, which I will briefly touch on here. There was a study done regarding in vitro fertilization where the success rate was about 20% on the first attempt. A group of prayers got together and anonymously prayed for the women getting the procedure. The patients were not told about this at all and had no idea they were being prayed for. So, what happened? The success rate for the women who were prayed for by strangers and didn't even know it, jumped to over 50%. So, what do we define prayer as? The act of praying is actually the clear focus of intentional thoughts with the expectance of a favorable outcome through tapping into a power greater than we are. That power can take the form of a religious icon or the vibrations or quantum energy of the universe. However you define it, use it.

Health is our natural state and through negative beliefs, our own and those we have adopted and bought into, we add or attach disease into our being. Our goal is to eliminate, to the best of our current ability, these add-ons and picture ourselves in our natural state of wellness. It's all mind work. We have a powerful tool at our disposal if we just learn to channel and direct it. It takes commitment and practice. Good luck with this. It gets easier and is very effective.

I would like to start of group with people who truly want to learn more about this mind-body connection. Please contact me if you are interested. It would begin in September. I am listed in the Wynmoor directory, or you can contact me at JoyB212@aol.com.

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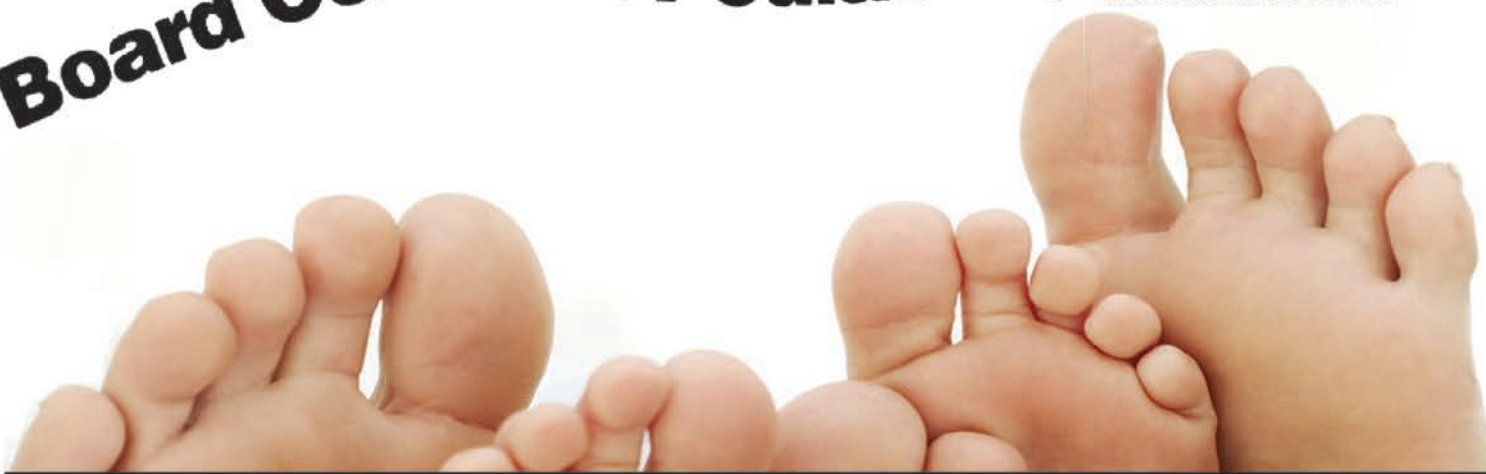
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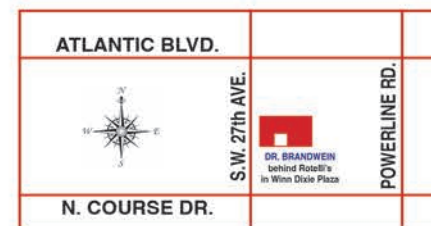
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

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Articles that are submitted to the **INSIDER Newspaper**, must be typed in upper and lower case, or clearly written, and have a contact number for questions (not for publication). **IT IS IMPORTANT** that the information submitted is **TIMELY**. Please watch dates! Your photos are welcomed as well! (sent as jpeg attachments)

Email articles: wynmoorads@aol.com
 Mail articles: PO Box 670876
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 Put them in the INSIDER Newspaper box, located in the Clubhouse outside of the Real Estate Office.

Deadline is the 10th of the month preceding an issue
Ex. Aug. 10th for Sept. issue.
 Articles received after deadline will go in the following issue, if paper was ready to go to print.

Thank you, Insider Staff

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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

American Legion Ralph P. Trapper Memorial Post 170

By Benjamin Nazario, Sgt. At Arms

On Monday night, July 11, 2022, our American Legion Ralph P. Trapper Memorial Post 170 had the Installation of Officers for the year 2022-2023. The Post Officers were Installed by the Installation Team from the American Legion District 9. New Post Officers are: Commander- Milton Brent; Vice Commander- Don Levine; Chaplain & Treasurer- Ken Knauss, and Sargent at Arms- Ben Nazario.

The Post meets every second Monday night of the month at the West Wing at 7:30 p.m. Annual Dues are \$45 per year. Food and refreshments are served. We are looking for a few good men to join our ranks and ask our Wynmoor veterans to attend to share the camaraderie and some war stories. Our next meeting will be on Monday night, September 12, 2022, at the West Wing at 7:30 p.m. Come join us.



Installation of Officers of Coconut Creeks' own, American Legion Ralph P. Trapper Memorial Post 170, by the American Legion District 9 Installation Team (Blue Shirts, back row) under District Commander Geo Bograkovs. Post 170 officers are in (White Shirts, front row).

Belly Dance Club

By Marcia Maron

Our group is growing by leaps and bounds so... Come and join us for fun and exercise. We meet on Tuesdays at 2:30 p.m. Learn a routine while learning the art of Belly Dancing. Improve your balance, stamina, and energy level. This class is complimentary to Wynmoor residents. For location and more information please call Marcia at 516-659-3367. Have a belly good time!

Ben's Friends Art Club

By Rene Monblatt

Our club meets every Saturday morning, year-round at 9:00 a.m. in the art studio. We hope to see our members, and anyone who is interested in making art. Creating with any art medium makes for a satisfactory and most pleasurable experience. Hope to see you Saturday mornings!

Billiard & Pool Club

By Bob Horowitz

The Pool & Billiard Room is open 7 days a week from 8:00 a.m to 11:00 p.m. The use of the room is open to all residents and their guests. Guests must be accompanied by their host resident. Please bring your Wynmoor ID card.

There are (4) 4 ft. Three- cushion Billiard tables, (14) 9 ft. Pool tables, and (1) 10 ft. Snooker table.

The Pool and Billiard club hosts many social and sporting events. The club sponsors a weekly 9-ball tournament for all levels of ability every Wednesday night from 6:00 to 8:00 pm. We also offer FREE pool lessons for club members. There is also our Women's Group which meets to play on Tuesdays at 4:00 p.m.

The Cost to join the club is \$5.00 per year. Information e-mail Wynmoorpoolclub@gmail.com

Camera Club

By Nancy Landman

Due to requests of our members, we are continuing Zoom meetings on the 4th Tuesday of each month at 3:30 p.m. You are very welcome to join us.

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents at all levels of experience, who want to learn photography and grow in their ability to make photographs.

We had some wonderfully interesting meetings during this 2021-2022 season. We had very informative presentations on such subjects as Photo Editing, Macro Photography, Holiday Events, Still Life, Sunrise-Sunset, Night Photography, Reflections, Discarded Objects and Exposure. Following the presentation, we viewed what members did with the topic that was presented or any topic of their choice. It was exciting to see the improvement in the quality of the work as the season progressed. Photos were full of beauty, humor and originality.

If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Camera Club section of the monthly newspaper *The Insider*.

We are looking forward to our next season which will be starting up again in mid-November and will meet the 2nd and 4th Tuesday of every month at 3:00 p.m. through early April. We will have more interesting themes, presentations and photo reviews.

Do come join us! For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

Center Stage at Wynmoor

By Diane Williams

Formally known as 'Actor's Workshop' as it has been revamped! Have fun creating? Discover new and untapped talents and passions. This inclusive and multicultural group is seeking members, willing and able, to share in theatrical stage experiences. Performing arts professionals (including directors), novices, and enthusiasts are welcome. Open behind-the-scenes positions include lighting, audio, set designers, property managers, costume, and makeup artists. Our meetings will begin in September 2022. Open call casting for our theatre production is projected for October 2022. Proposed show date is March 2023. Please contact Joy at 973-452-9349 or Diane at 267-253-6947 for additional information. "We don't stop playing because we grow old; we grow old because we stop playing." – George Bernard Shaw

Ceramics Club

By Tamara Tresniowski

Come into our air conditioned, friendly ceramics room. Make new friends while being creative. Our club is still open all year long so come join us, new member classes continue, come in and sign up. Our nicely air-conditioned studio is a creative, cool respite from the warmer weather. We look forward to seeing all our regular year-round friends and to making new friends as well. Come check us out and sign up for lessons. Our new member class is \$30 and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse and our new hours are Monday through Thursday from 9:00 a.m. to 12:00 p.m.

Chess Club

By Hillel Cohen

We get together every Wednesday between 3:00 and 5:30 p.m. OUTSIDE on the Clubhouse Patio ("the Cove"). All chess players at any level are welcome and no partner needed. There are no dues and no fees. Chess sets are provided. For everyone's safety, because the games are face-to-face for a prolonged



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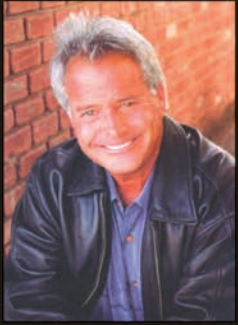


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Food will be available for purchase by Cafe on the Green. between 5:00 PM - 7:00 PM or while supplies last.

Entertainment

Aug 4th: Cesar Calle
 Aug 11th: Mike Rapposelli
 Aug 18th: Edie DiCaro
 Aug 25th: Charlie D.

Menu Options:

Hot Dog Combo: \$6.00
 Hamburger Combo: \$8.00
 Grilled Chicken Breast Sandwich: \$10.00
 Chicken Skewer on Pita w/Tzatziki: \$10.00
 Spinach Pie w/Greek Salad: \$10.00

All Meals include Coleslaw, Chips and Drink. Sprite, Coke, Diet Coke or Water. *Cash Only*

WYNMOOR

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WYNMOOR

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AUG 7TH: JOSHUA PEARL
 AUG 14TH: KING ARTHUR
 AUG 21TH: STEVE MICHAELS
 AUG 28TH: EDDIE CRESPO

1:00 PM - 4:00 PM

- WE CANNOT TOLERATE DISORDERLY CONDUCT. PLEASE REFRAIN FROM THE USE OF THREATENING, OBSCENE OR ABUSIVE LANGUAGE. FIGHTING AND/OR PHYSICAL ALTERCATIONS ARE STRICTLY PROHIBITED. VIOLATORS WILL BE SUBJECT TO FINE AND SUSPENSION.

WHILE AT THE POOL COMPLEX, PLEASE REFER TO THE POSTED RULES AND REGULATIONS.

- PLEASE DO NOT MOVE THE POOL FURNITURE: TABLES AND CHAIRS CANNOT BE RESERVED.
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Clubs and Activities

Continued from page 52

time, we ask that all players must be fully vaccinated — bring a copy of your vaccination card the first time you come. Masks are recommended. If either player requests that masks be worn by both, please comply. Games are casual and relaxed so come outside and play.

Conservative Club of Wynmoor

By Perri B. Cohen

Hello Wynmoor Conservative Club Members,

The next event/meeting of the Conservative Club will be held on August 16, 2022 at 7:00 p.m. in Auditorium A. There will be a Town Hall Debate between the 4 Congressional Candidates running for office in our District.

The debate will be moderated by Russell DiPerna.

The candidates running for this position are:

James Pruden - jmprudenforcongress.com, Dr. Steven Chess - ChessForCongress.com, Darlene Swaffer - swaffareforcongress.com, JoeBudd - joebudd.com

Questions and concerns from the attendees are welcome and will be answered by the candidates that evening. Please feel free to bring a friend as everyone is not only welcome to attend but are encouraged to attend. If there are any questions prior to the meeting please feel free to call me at 954-579-3118. See you August 16, 2022 at 7:00 p.m. Auditorium A.

Current Events

By Susan Myers

Our group of friends in Wynmoor get together each Tuesday morning to discuss local, regional, and national events within our world.

We are now located indoors at Card Room 1 from 10:00 until 11:30 a.m. and we often follow our discussions with lunch in a variety of local restaurants within the Coconut Creek area.

Please join us! Susan Myers 954-933-7743.

Duplicate Bridge Club

By Bram Hamovitch

We are currently running two games each week, on Tuesdays and Fridays at 12:30 p.m. in the East Wing of the theater building. Please arrive 15 minutes prior to start time, out of courtesy to the director.

If you need a partner, contact Terry at 216-401-5739. Other questions? Please call Lynne at 954-973-1223 or 954-257-3452.

Fun With Friends 2

By Ben Zoe

Fun With Friends 2 is a member only Dance Club at Wynmoor with LIVE BAND MUSIC held right here in the Ballroom! We anticipate having a minimum of six dances on Sunday nights through May 2023. Membership is \$15 a year and will be limited. There is an additional \$10 member fee for each dance attended. A limited amount of \$15 guest tickets will be available on a first come first serve basis for our next event, which will be occurring on Sunday, August 21. We expect to have an exciting band performing in August so please look out for more details in our next membership newsletter. Please contact us at FunWithFriendsWyn2@Gmail.com if you have any questions. Thanks!

Hadassah

By Toby Norman

Our first general meeting the new season will be by September 7th, at 12:00 noon in the West Wing. If you are a member, please plan on joining us. If you are not a member, feel free to join us and discuss joining our Chapter with our Membership Chairperson. We have refreshments before our meetings. This is a good time to visit with friends you might not have seen in a while. The general meeting will be called to order by our President at 12:30 p.m. and our program will follow.

By continuing to purchase cards, trees and certificates from the individuals mentioned below, you are helping Wynmoor Hadassah reach the goal set for us by National for the current year. All of the monies raised is used to help people around the world. Certificates and trees for any occasion can be obtained by calling Bernice Riback at 954-984-1703. Beautiful and appropriate cards for any occasion can be obtained by calling Lenae Herman at 954-657-8579. As always, your support is greatly appreciated!

WE WELCOME YOU TO JOIN A CLUB!

Karaoke & Live Entertainment Night

By Robin & Bob

Please join Robin & Bob for an evening of fun on Wednesday, August 17th in Grand Ballroom A, near the restaurant. Doors open at 6:00 p.m. Keyboard/Vocalist Bob Boudreau will entertain 6:30 - 7:30 p.m. for your dancing and listening pleasure. Karaoke starts at 7:30 p.m.

SINGERS, TEXT your NAME and 2 songs 2-3 days prior to karaoke day to 954-994-4476. Singers, CHECK IN with me when you arrive so I can put you in the cue. Refreshments permitted. Wynmoor ID, guests permitted with resident. Admission \$3. We look forward to seeing you there!

Ladies Circle Club of Wynmoor

By Iris Arlan

If you would like to know more about Ladies Circle, please contact our President, Harriet Lopez at 954-960-9411.

Latin Women's Club

By Benjamin I. Nazario

If you're interested or need information about our club and its events, please contact Ms. Minerva Nazario at 954-532-3156. Please stay well, safe, and healthy.

Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. until 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

Monday Night Dance & Social Club

By Tamara Tresniowski

Summer fun continues in August. Come enjoy good music and good friends. We have a great lineup of lessons for this month. August 1st is REGGAE NIGHT and once again we are lucky enough to have Wayne Armond playing live. Wear your favorite island outfit and enjoy a special ice cream treat. August 8th Caryl Perlmutter will be teaching the Mazurka folk dance. August 15th Ruth Miller and Arlene Brassil will be teaching The Lipstick Tango line dance. August 22nd we will be reviewing the ABCD line dances, AhSi, Bob Roberts, Chilly Cha Cha and Disco and finally, August 29th we will be reviewing the FGHJ line dances, Fireball, Gigolo, Hustle and Jerusalem. Come join us for dancing fun!! Doors open at 6:30 p.m., 6:45 - 7:15 p.m. for the lesson and then dancing from 7:15 - 9:30 p.m. New members \$5 to join. \$2 each week admission. Coffee and a treat served each week.

Nature And Arts Club

By Elinor Weinstein

"It's the possibility of having a dream come true that makes life interesting"
Thank you to all of our membership of over 200 residents that have joined in on Zoom meetings and field trips along with our first meet-up in person in the Wynmoor ballroom. The board has planned and put into motion so many interesting trips this year. The season for the Nature and Arts Club will meet up again this Fall. We look forward to seeing all of you at that time. We truly value your commitment to keeping our Club vibrant and current.

The Nature and Arts Club has enjoyed lectures from the Oceanographic Research Center, Brian Rose our Hollywood Guru, historian Bill Thierselder, artist Andrea Huffman, virtual tour of the French Gardens of Versailles and Monet's Garden at Giverny. Also, we have enjoyed interesting docent tours of Green Cay Nature Center, Morikami Gardens, Sawgrass Nature Center and Wildlife Hospital as well as the Boca Art Museum.

Have any suggestions for the Nature and Arts Club? We look forward to hearing from you. Join in on the unique experiences we offer...and best of all you will make new friends in the process.

September is the Membership Drive month. All checks should be made out to Wynmoor Nature and Arts Club for \$15. Please send your check to Sheryl Darby, 3302 Aruba Way, Apt J2, Coconut Creek, Florida 33066. It is our intention to begin the Club's program and general meeting in October. Of course, we will continue to monitor the health conditions in order to have a safe in-person get together.

In friendship...

Nancy Moskowitz, President

laughlady55@aol.com or 954-973-2181

Continued on page 57

Clubs and Activities

Continued from page 56

Needlework Click

By Barbara Bilello

Our meetings are the 2nd and 4th Tuesday every month; this month it's the 9th and 23rd of August. We are in the West Wing from 1:00 - 4:00 p.m. We serve Coffee, tea and yummy snacks. Everyone is welcome. We have knitters, sewing and crochet and of course our chatters.

If you're new to Wynmoor Please feel free to join us bring a friend or come and make new friends. We donate what we make to various charities. We have yarn and plenty of needles and hooks, no worries.

If anyone has yarn that they no longer need you can drop it off or will be glad to pick it up. Call Barbara at 754-222-6375.

.....

Night Tennis

By Jo Ann Perreault

Summer weather is here, and we are less inclined to run around in the heat. The remedy for back side couch implants is Night Tennis.

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 - meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come and join the players for exercise and socializing under the lights.

.....

Pickleball Club

By Mayda Coombs

Despite the heat Pickleball is going strong. Come on down and check out the great time people are having. Our Beginner and Intermediate lessons are being held on Saturday mornings. To be able to accommodate everyone wanting to learn this great game we have had to limit the number of classes a person can take to 5 classes each. After 5 classes you were taught the basics of pickleball and now it is the time to practice what you've learned on the courts with other pickleball players. This allows other new players to participate in the classes with a better instructor to student ratio. Anyone interested in taking classes needs to register at 2002granada@gmail.com. You will receive a confirmation. Please no walk ons. We supply the paddles and balls. You must wear proper sneakers, eye protection and please bring lots to drink to stay hydrated in this Florida heat.

.....

The Wynmoor Dance Troupe & Company

By Marcia Maron

With much spirit and joy The Wynmoor Dance Troupe & Company with talented singers, dancers and the rest of us take to the stage once again in their new musical revue *Show Me The Music* in 2023. If you think you would like to take part in this production and meet your neighbors, have fun and work hard, we need: singers, dancers, comedians, backstage hands. No experience is necessary. Please join us and call Marcia at 516-659-3367.

.....

Women's Pool Group "The MsCues"

By Bob Horowitz

This is for beginners and advanced players. Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! This is a free event open to all Wynmoor Pool Club Members* and their guests. *Yearly membership is only \$5. We meet every Tuesday at 3:00 p.m. in our A/C Pool & Billiard room. Questions: Carol cas242@hotmail.com or 978-979-1681.



Woodshop

By Ernest Fleury

Any questions come to the Shop and talk to Steve, Karl or I. One of us is there every day from 8:00 a.m. - 5:00 p.m.

.....

Writer's Workshop

By Judy A. Weissman, PhD

Writers, whether in Wynmoor or Canada now, we hope you will pick up your pen or open your computer, in the heat or the snow, and write as regularly as possible. In a few months we will let you know when the Writer's Workshop will meet in person again and new members will be welcome. If you have any questions, contact Nancy Heller Moskowitz, Club President at laughlady55@aol.com. Please put Writer's Workshop on the subject line.

.....

Wynmoor Ladies Golf Association

By Karen Beckman

Sooooooo, how's your summer going? Getting some fresh air, meeting up with friends, exercising those major muscle groups, burning some calories? Well, WE are! Come join us on Tuesday mornings. We are mixing things up each week, scrambles, lowest score on even holes, lowest score on odd holes, even play your best with only three clubs and your putter. If you are a lady golfer, check in at the pro shop and see all that is going on. We would love to meet you!



Betty-Jean Kregas confirming her next shot with Wynmoor's favorite golf pro!

.....

Wynmoor Short Film Festival

By Enid Wolf-Schein

The goal of the Wynmoor Short Film Festival Club is to showcase films made by and with Wynmoor residents. We are doing this by sponsoring an annual Short Film Festival here at Wynmoor and by encouraging local filmmakers to join us so residents can get additional inspiration from some of our close neighbors.

We would encourage anyone who has made a short film (up to approximately 12 minutes) to submit it to us for a possible showing. Anyone who wants to know more about our project can email us at Threebridgepub@aol.com.

.....

Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

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Wednesday Night 9-Ball Winners

By Bob Horowitz

Every Wednesday Join the Pool Playing Fun! Open to all levels of skill from the beginner to the advanced player.

Have fun and meet new friends! This is open to all Wynmoor Residents and their guests.

This is a free event. This is our popular round-robin handicapped 9 ball tournament.

Event is 6:00 p.m. to 8:00 p.m. at the Wynmoor Country Club.

The Pool & Billiard Room is open 7 days/wk 8:00 a.m. to 11:00 p.m.

The use of the room is open to all residents and their guests.



Week 12 left to right: Bill B. & Jon tied 1st, Ameer 2nd



Week 13 left to right: Tom P. & Franco tied 2nd, Richard S. 1st, Tony C. tied 2nd



Week 14 left to right: James 2nd, Bob H. 1st, Tony C. & Bill B. tied 2nd



Week 15 left to right: Tom 2nd, James 1st, Tony C. tied 2nd



Week 16 left to right: Tony C. 2nd, Tom P. 1st, Richard & Jon tied 3rd

Photos Taken by George Soussou



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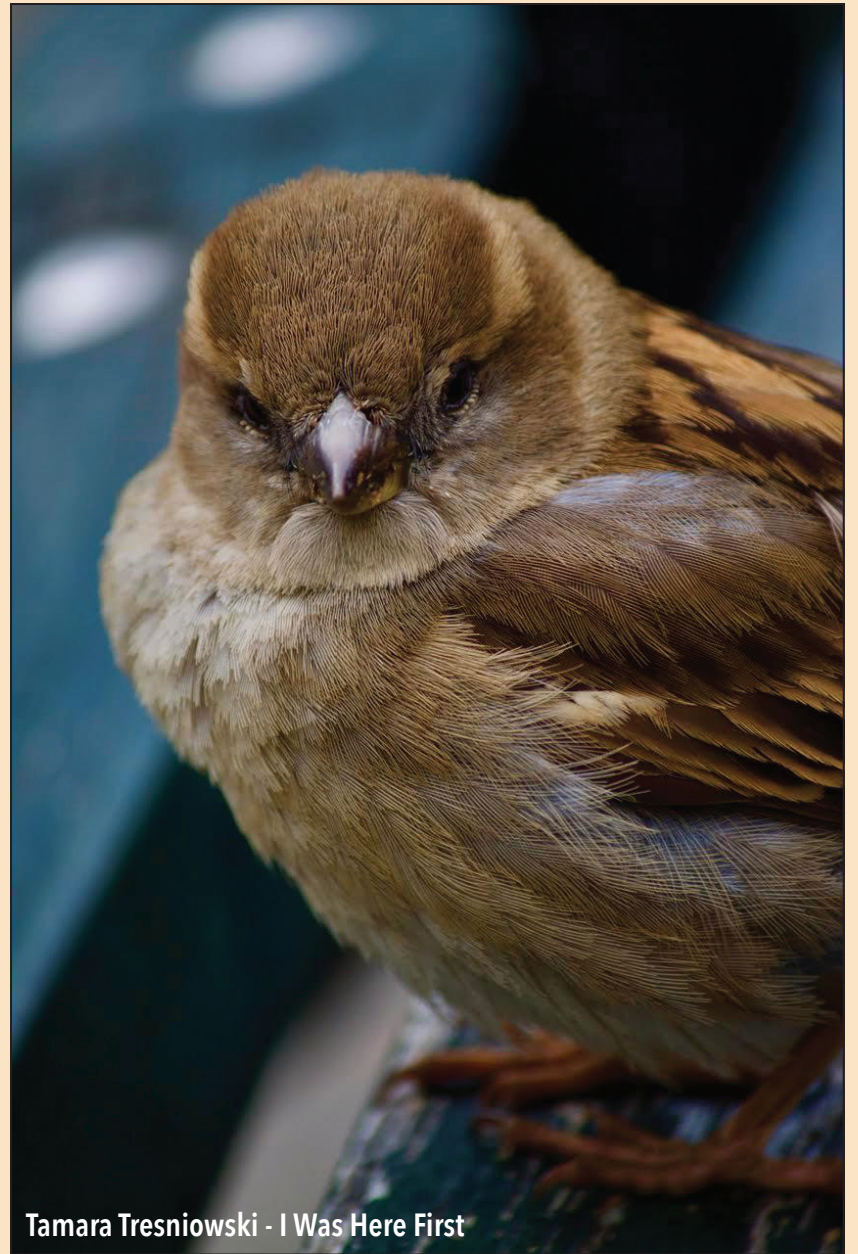
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CAMERA CLUB

By Nancy Landman



Michael Brodie - Upon awakening



Tamara Tresniowski - I Was Here First



Corinne Brodie - Bridge Work

**Once again, Covid is on the rise!
It benefits you, as well as others
to mask up in public places!**

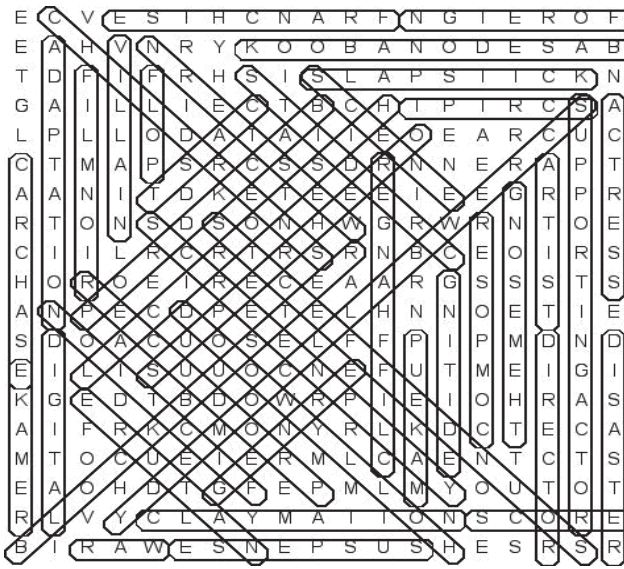
Puzzles and Games

Solutions from page 30

Crossword Puzzle



Lights, Camera, Action



The hidden movie is: LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS

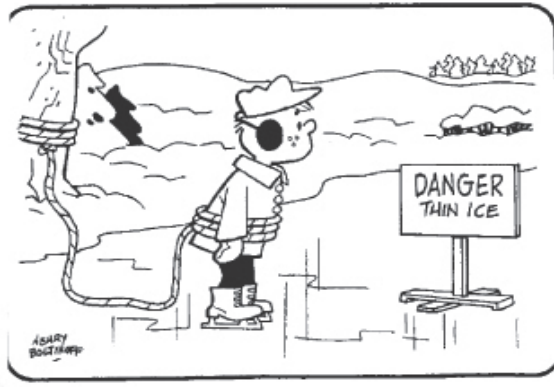
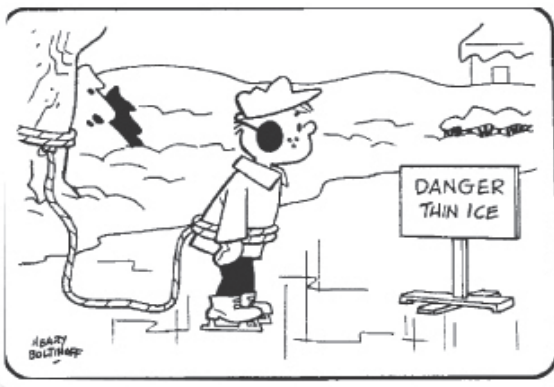
Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 1 | 6 | 8 | 5 | 3 | 4 | 2 | 7 |
| 3 | 4 | 8 | 9 | 2 | 7 | 1 | 6 | 5 |
| 7 | 2 | 5 | 1 | 6 | 4 | 8 | 3 | 9 |
| 1 | 8 | 7 | 2 | 3 | 5 | 9 | 4 | 6 |
| 6 | 5 | 2 | 4 | 9 | 1 | 7 | 8 | 3 |
| 4 | 9 | 3 | 6 | 7 | 8 | 5 | 1 | 2 |
| 5 | 6 | 4 | 3 | 8 | 9 | 2 | 7 | 1 |
| 8 | 3 | 9 | 7 | 1 | 2 | 6 | 5 | 4 |
| 2 | 7 | 1 | 5 | 4 | 6 | 3 | 9 | 8 |

Binox

| | | | | | |
|---|---|---|---|---|---|
| O | X | X | O | X | O |
| O | X | O | X | O | X |
| X | O | O | X | X | O |
| X | O | X | O | O | X |
| O | X | O | O | X | X |
| X | O | X | X | O | O |

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By Karen Komsa

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Privately asking **\$3500.00**
land only



Different views of the plot for sale in the Garden of Solomon, 5-238

Once the property is sold I will sign a quitclaim and affidavit form and Star of David (Dignity Memorial) will process the proper paperwork to show the recipient's ownership.

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 SERIES

SATURDAY, AUGUST 6TH



FEATURED BAND

BEERS FOR MY HORSES
 A TOBY KEITH TRIBUTE BAND

Sabal Pines Park, 5005 NW 39th Avenue | 6:30 PM

FREE
ADMISSION

BACK TO SCHOOL
**DRIVE-IN
 MOVIE**

Friday, August 12 | 8:00 PM
 Butterfly Parking Lot

NW 40th Street
 (Across from the Seminole Casino)

FREE
ADMISSION



CoconutCreek.net/Movie



Salsa
 IN SEPTEMBER

Friday
September 16
 6:30 PM - 9:30 PM

City Hall
 4800 Lyons Road

Live Music & Food Trucks

FREE
ADMISSION



For more information please visit
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38 TWO BEDROOMS CURRENTLY ON THE MARKET AS OF 7/4/22

| Neighborhood | # For Sale | Price Range |
|--------------|------------|-------------|
| ABACO | 3 | \$200-\$230 |
| ANDROS | 1 | \$337 |
| ANTIGUA | 3 | \$190-\$320 |
| ARUBA | 1 | \$330 |
| BAHAMA | 2 | \$157-\$290 |
| BERMUDA | 3 | \$185-\$300 |
| BIMINI | 1 | \$350 |
| CAYMAN | 2 | \$240-\$264 |
| GRANADA | 4 | \$219-\$365 |
| LUCAYA | 3 | \$180-\$235 |
| NASSAU | 3 | \$184-\$290 |
| PORTOFINO | 3 | \$149-\$284 |
| VICTORIA | 5 | \$160-\$300 |
| MARTINIQUE | 4 | \$235-\$350 |

8 ONE BEDROOMS CURRENTLY ON THE MARKET AS OF 7/4/22

| Neighborhood | # For Sale | Price Range |
|--------------|------------|-------------|
| ANTIGUA | 3 | \$125-\$180 |
| ARUBA | 1 | \$140 |
| BIMINI | 2 | \$100-\$175 |
| LUCAYA | 1 | \$190 |
| VICTORIA | 1 | \$129 |

21 TWO BEDROOMS SOLD IN THE PAST 60 DAYS

SOLD

| Address | List Price | Sold Price | (Days On Market) DOM |
|-----------------|------------|------------|----------------------|
| 1603 ABACO | \$194,000 | \$192,000 | 77 |
| 1703 ANDROS | \$195,000 | \$200,000 | 15 |
| 1705 ANDROS | \$325,000 | \$325,000 | 7 |
| 1705 ANDROS | \$319,000 | \$250,000 | 17 |
| 1705 ANDROS | \$199,000 | \$189,500 | 52 |
| 2405 ANTIGUA | \$220,000 | \$220,000 | 7 |
| 2503 ANTIGUA | \$164,900 | \$164,900 | 3 |
| 1108 BAHAMA | \$125,000 | \$160,000 | 5 |
| 1903 BERMUDA | \$177,900 | \$178,000 | 13 |
| 1904 BERMUDA | \$169,900 | \$169,900 | 7 |
| 1905 BERMUDA | \$219,900 | \$219,900 | 60 |
| 3501 BIMINI | \$159,900 | \$160,000 | 4 |
| 1803 ELEUTHERA | \$199,500 | \$200,000 | 11 |
| 2002 GRANADA | \$240,000 | \$240,000 | 2 |
| 2006 GRANADA | \$200,000 | \$200,000 | 22 |
| 2101 LUCAYA | \$175,000 | \$170,000 | 40 |
| 2302 LUCAYA | \$319,000 | \$310,000 | 13 |
| 2804 VICTORIA | \$165,000 | \$165,000 | 14 |
| 4602 MARTINIQUE | \$179,900 | \$164,000 | 4 |
| 4602 MARTINIQUE | \$145,000 | \$145,000 | 40 |
| 3203 PORTOFINO | \$214,000 | \$200,000 | 34 |

All information presented is deemed reliable, but is not warranted.
Properties were listed and sold by various South Florida MLS participants.



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